

UNITED STATES DISTRICT COURT
EASTERN DISTRICT OF WASHINGTON

Jan 03, 2019

SEAN F. McAVOY, CLERK

MICHAEL M.,

Plaintiff,

No. 4:17-cv-05175-MKD

vs.

COMMISSIONER OF SOCIAL
SECURITY,

Defendant.

ORDER DENYING PLAINTIFF'S
MOTION FOR SUMMARY
JUDGMENT AND GRANTING
DEFENDANT'S MOTION FOR
SUMMARY JUDGMENT

ECF Nos. 15, 16

Before the Court are the parties' cross-motions for summary judgment. ECF Nos. 15, 16. The parties consented to proceed before a magistrate judge. ECF No. 6. The Court, having reviewed the administrative record and the parties' briefing, is fully informed. For the reasons discussed below, the Court denies Plaintiff's motion, ECF No. 15, and grants Defendant's motion, ECF No. 16.

JURISDICTION

The Court has jurisdiction over this case pursuant to 42 U.S.C. § 405(g).

STANDARD OF REVIEW

2 A district court’s review of a final decision of the Commissioner of Social
3 Security is governed by 42 U.S.C. § 405(g). The scope of review under § 405(g) is
4 limited; the Commissioner’s decision will be disturbed “only if it is not supported
5 by substantial evidence or is based on legal error.” *Hill v. Astrue*, 698 F.3d 1153,
6 1158 (9th Cir. 2012). “Substantial evidence” means “relevant evidence that a
7 reasonable mind might accept as adequate to support a conclusion.” *Id.* at 1159
8 (quotation and citation omitted). Stated differently, substantial evidence equates to
9 “more than a mere scintilla[,] but less than a preponderance.” *Id.* (quotation and
10 citation omitted). In determining whether the standard has been satisfied, a
11 reviewing court must consider the entire record rather than searching for
12 supporting evidence in isolation. *Id.*

In reviewing a denial of benefits, a district court may not substitute its judgment for that of the Commissioner. *Edlund v. Massanari*, 253 F.3d 1152, 1156 (9th Cir. 2001). If the evidence in the record “is susceptible to more than one rational interpretation, [the court] must uphold the ALJ’s findings if they are supported by inferences reasonably drawn from the record.” *Molina v. Astrue*, 674 F.3d 1104, 1111 (9th Cir. 2012). Further, a district court “may not reverse an ALJ’s decision on account of an error that is harmless.” *Id.* An error is harmless “where it is inconsequential to the [ALJ’s] ultimate nondisability determination.”

1 *Id.* at 1115 (quotation and citation omitted). The party appealing the ALJ's
2 decision generally bears the burden of establishing that it was harmed. *Shinseki v.*
3 *Sanders*, 556 U.S. 396, 409-10 (2009).

4 **FIVE-STEP EVALUATION PROCESS**

5 A claimant must satisfy two conditions to be considered "disabled" within
6 the meaning of the Social Security Act. First, the claimant must be "unable to
7 engage in any substantial gainful activity by reason of any medically determinable
8 physical or mental impairment which can be expected to result in death or which
9 has lasted or can be expected to last for a continuous period of not less than twelve
10 months." 42 U.S.C. § 423(d)(1)(A). Second, the claimant's impairment must be
11 "of such severity that he is not only unable to do his previous work[,] but cannot,
12 considering his age, education, and work experience, engage in any other kind of
13 substantial gainful work which exists in the national economy." 42 U.S.C. §
14 423(d)(2)(A).

15 The Commissioner has established a five-step sequential analysis to
16 determine whether a claimant satisfies the above criteria. *See* 20 C.F.R. §
17 404.1520(a)(4)(i)-(v). At step one, the Commissioner considers the claimant's
18 work activity. 20 C.F.R. § 404.1520(a)(4)(i). If the claimant is engaged in
19 "substantial gainful activity," the Commissioner must find that the claimant is not
20 disabled. 20 C.F.R. § 404.1520(b).

1 If the claimant is not engaged in substantial gainful activity, the analysis
2 proceeds to step two. At this step, the Commissioner considers the severity of the
3 claimant's impairment. 20 C.F.R. § 404.1520(a)(4)(ii). If the claimant suffers
4 from "any impairment or combination of impairments which significantly limits
5 [his] physical or mental ability to do basic work activities," the analysis proceeds
6 to step three. 20 C.F.R. § 404.1520(c). If the claimant's impairment does not
7 satisfy this severity threshold, however, the Commissioner must find that the
8 claimant is not disabled. 20 C.F.R. § 404.1520(c).

9 At step three, the Commissioner compares the claimant's impairment to
10 severe impairments recognized by the Commissioner to be so severe as to preclude
11 a person from engaging in substantial gainful activity. 20 C.F.R. §
12 404.1520(a)(4)(iii). If the impairment is as severe or more severe than one of the
13 enumerated impairments, the Commissioner must find the claimant disabled and
14 award benefits. 20 C.F.R. § 404.1520(d).

15 If the severity of the claimant's impairment does not meet or exceed the
16 severity of the enumerated impairments, the Commissioner must pause to assess
17 the claimant's "residual functional capacity." Residual functional capacity (RFC),
18 defined generally as the claimant's ability to perform physical and mental work
19 activities on a sustained basis despite his or her limitations, 20 C.F.R. §
20 404.1545(a)(1), is relevant to both the fourth and fifth steps of the analysis.

1 At step four, the Commissioner considers whether, in view of the claimant's
2 RFC, the claimant can perform work that he performed in the past (past relevant
3 work). 20 C.F.R. § 404.1520(a)(4)(iv). If the claimant can perform past relevant
4 work, the Commissioner must find that the claimant is not disabled. 20 C.F.R. §
5 404.1520(f). If the claimant is incapable of performing such work, the analysis
6 proceeds to step five.

7 At step five, the Commissioner considers whether, in view of the claimant's
8 RFC, the claimant can perform other work in the national economy. 20 C.F.R. §
9 404.1520(a)(4)(v). In making this determination, the Commissioner must also
10 consider vocational factors such as the claimant's age, education, and past work
11 experience. 20 C.F.R. § 404.1520(a)(4)(v). If the claimant can adjust to other
12 work, the Commissioner must find that the claimant is not disabled. 20 C.F.R. §
13 404.1520(g)(1). If the claimant is not capable of adjusting to other work, the
14 analysis concludes with a finding that the claimant is disabled and is therefore
15 entitled to benefits. 20 C.F.R. § 404.1520(g)(1).

16 The claimant bears the burden of proof at steps one through four above.
17 *Tackett v. Apfel*, 180 F.3d 1094, 1098 (9th Cir. 1999). If the analysis proceeds to
18 step five, the burden shifts to the Commissioner to establish that 1) the claimant
19 can perform other work; and 2) such work "exists in significant numbers in the

1 national economy.” 20 C.F.R. § 404.1560(c)(2); *Beltran v. Astrue*, 700 F.3d 386,
2 389 (9th Cir. 2012).

3 **ALJ’S FINDINGS**

4 On May 21, 2013, Plaintiff applied for Title II disability insurance benefits
5 alleging a disability onset date of May 16, 2013. Tr. 182-88. The application was
6 denied initially, Tr. 119-21, and on reconsideration, Tr. 125-29. Plaintiff appeared
7 before an administrative law judge (ALJ) on February 3, 2016. Tr. 41-79. On
8 May 31, 2016, the ALJ denied Plaintiff’s claim. Tr. 17-40.

9 At step one of the sequential evaluation process, the ALJ found Plaintiff has
10 not engaged in substantial gainful activity since May 16, 2013. Tr. 23. At step
11 two, the ALJ found that Plaintiff has the following severe impairments:
12 degenerative disc disease and mood disorder. Tr. 23. At step three, the ALJ found
13 Plaintiff does not have an impairment or combination of impairments that meets or
14 medically equals the severity of a listed impairment. Tr. 24. The ALJ then
15 concluded that Plaintiff has the RFC to perform light work with the following
16 limitations:

17 He can occasionally lift and carry 20 pounds, and frequently lift and
18 carry 10 pounds. He can stand and/or walk with normal breaks for a
19 total of about 6 hours in an 8 hour workday. He can sit with normal
20 breaks for 6 hours in an 8 hour workday. He can push and/or pull
including the operation of hand and/or foot controls is unlimited, other
than as shown for lifting and carrying. He can frequently climb ramps
or stairs. He can occasionally climb ladders, ropes or scaffolding. He
can frequently balance, stoop, kneel, crouch and crawl. He does not

1 have any manipulative, visual, or communication limitations. He
2 should avoid concentrated exposure to hazardous machinery or
3 working at unprotected heights. He can perform simple, routine tasks
4 and follow short, simple instructions, and do work that needs little or
5 no judgment. He can perform simple duties that can be learned on the
6 job in a short period of less than 30 days. He can respond
appropriately to supervision, but should not be required to work in
close coordination with coworkers where teamwork is required. He
can deal with occasional changes in the work environment and do
work that requires no contact with the general public to perform the
work tasks.

7 Tr. 25.

8 At step four, the ALJ found Plaintiff is unable to perform any past relevant
9 work. Tr. 32. At step five, the ALJ found that, considering Plaintiff's age,
10 education, work experience, RFC, and testimony from the vocational expert, there
11 were jobs that existed in significant numbers in the national economy that Plaintiff
12 could perform, such as, assembler/production, packing line worker, and
13 cleaner/housekeeping. Tr. 33. Therefore, the ALJ concluded Plaintiff was not
14 under a disability, as defined in the Social Security Act, from the alleged onset date
15 of May 16, 2013, though the date of the decision. Tr. 33.

16 On September 15, 2017, the Appeals Council denied review of the ALJ's
17 decision, Tr. 1-6, making the ALJ's decision the Commissioner's final decision for
18 purposes of judicial review. *See* 42 U.S.C. § 1383(c)(3).

ISSUES

Plaintiff seeks judicial review of the Commissioner's final decision denying him disability insurance benefits under Title II of the Social Security Act. Plaintiff raises the following issues for review:

1. Whether the ALJ properly evaluated the medical opinion evidence; and
2. Whether the ALJ conducted a proper step-five analysis.

ECF No. 15 at 10.

DISCUSSION

A. Medical Opinion Evidence

Plaintiff contends the ALJ improperly rejected the opinions of Katie Karlson, M.D.; Janmeet Sahota, M.D.; Jason Roberts, ARNP; and David Martinez, M.D. ECF No. 15 at 12-16.

There are three types of physicians: "(1) those who treat the claimant (treating physicians); (2) those who examine but do not treat the claimant (examining physicians); and (3) those who neither examine nor treat the claimant [but who review the claimant's file] (nonexamining [or reviewing] physicians)."

Holohan v. Massanari, 246 F.3d 1195, 1201-02 (9th Cir. 2001) (citations omitted).

18 Generally, a treating physician's opinion carries more weight than an examining
19 physician's opinion, and an examining physician's opinion carries more weight
20 than a reviewing physician's opinion. *Id.* at 1202. "In addition, the regulations

1 give more weight to opinions that are explained than to those that are not, and to
2 the opinions of specialists concerning matters relating to their specialty over that of
3 nonspecialists.” *Id.* (citations omitted).

4 If a treating or examining physician’s opinion is uncontradicted, the ALJ
5 may reject it only by offering “clear and convincing reasons that are supported by
6 substantial evidence.” *Bayliss v. Barnhart*, 427 F.3d 1211, 1216 (9th Cir. 2005).
7 “However, the ALJ need not accept the opinion of any physician, including a
8 treating physician, if that opinion is brief, conclusory, and inadequately supported
9 by clinical findings.” *Bray v. Comm’r of Soc. Sec. Admin.*, 554 F.3d 1219, 1228
10 (9th Cir. 2009) (internal quotation marks and brackets omitted). “If a treating or
11 examining doctor’s opinion is contradicted by another doctor’s opinion, an ALJ
12 may only reject it by providing specific and legitimate reasons that are supported
13 by substantial evidence.” *Bayliss*, 427 F.3d at 1216 (citing *Lester v. Chater*, 81
14 F.3d 821, 830-831 (9th Cir. 1995)).

15 The opinion of an acceptable medical source such as a physician or
16 psychologist is given more weight than that of an “other source.” 20 C.F.R. §
17 404.1527 (2012); *Gomez v. Chater*, 74 F.3d 967, 970-71 (9th Cir. 1996). “Other
18 sources” include nurse practitioners, physician assistants, and therapists. 20 C.F.R.
19 § 404.1513(d) (2013). Non-medical testimony can never establish a diagnosis or
20 disability absent corroborating competent medical evidence. *Nguyen v. Chater*,

1 100 F.3d 1462, 1467 (9th Cir. 1996). However, the ALJ is required to “consider
2 observations by non-medical sources as to how an impairment affects a claimant’s
3 ability to work.” *Sprague v. Bowen*, 812 F.2d 1226, 1232 (9th Cir. 1987). An ALJ
4 is obligated to give reasons germane to “other source” testimony before
5 discounting it. *Dodrill v. Shalala*, 12 F.3d 915, 918 (9th Cir. 1993).

6 1. *Dr. Karlson*

7 From March 2014 to January 2016, Dr. Karlson treated Plaintiff. Tr. 605,
8 652-53, 833, 1083. For Plaintiff’s back pain, Dr. Karlson referred Plaintiff for a
9 physical therapy assessment, Tr. 578-79; to physical therapy, Tr. 1009-11; for
10 lumbar and cervical MRIs, Tr. 697-716, 1152-56; and to neurology, Tr. 1202-11.
11 On June 25, 2015, Dr. Karlson opined that Plaintiff must alternate between sitting,
12 standing, or walking positions throughout the workday. Tr. 1005.

13 The ALJ assigned this opinion little weight. Tr. 30-31. Relying on SSR 96-
14 2p,¹ Plaintiff argues that the ALJ was required to provide clear and convincing
15 reasons in order to reject Dr. Karlson’s opinion. ECF No. 17 at 2-3. But because
16 Dr. Karlson’s opinion was contradicted by Dr. Platter, M.D.’s opinion that Plaintiff

18 1 SSR 96-2p controlled when the ALJ issued his decision in May 2016 and
19 therefore governs this Court’s review of the ALJ’s decision. However, SSR 96-2p
20 was later rescinded, effective March 27, 2017. 82 Fed. Reg. 57 at 15263.

1 could stand (and/or walk) and sit for about six hours in an eight-hour workday and
2 therefore Plaintiff did not need to alternate positions throughout the workday, Tr.
3 111-13, the ALJ was required to provide specific and legitimate reasons for
4 rejecting Dr. Karlson's opinion. *See Bayliss*, 427 F.3d at 1216.

5 First, the ALJ discounted Dr. Karlson's opinion because she did not cite to
6 any medical evidence in support of the limitations she opined. Tr. 31. The Social
7 Security regulations "give more weight to opinions that are explained than to those
8 that are not." *Holohan*, 246 F.3d at 1202. "[T]he ALJ need not accept the opinion
9 of any physician, including a treating physician, if that opinion is brief, conclusory,
10 and inadequately supported by clinical findings." *Thomas v. Barnhart*, 278 F.3d at
11 957. Relevant factors to evaluating any medical opinion include the amount of
12 relevant evidence that supports the opinion, the quality of the explanation provided
13 in the opinion, and the consistency of the medical opinion with the record.

14 *Lingenfelter v. Astrue*, 504 F.3d 1028, 1042 (9th Cir. 2007); *Orn v. Astrue*, 495
15 F.3d 625, 631 (9th Cir. 2007). Here, Dr. Karlson's June 25, 2015 letter was brief
16 and conclusory, stating "[d]ue to [Plaintiff's] medical condition he will need to
17 alternate his positions when he is sitting, standing, an [sic] walking throughout his
18 work day." Tr. 1005. The ALJ was correct that Dr. Karlson did not cite any
19 medical evidence to support her opinion. However, that Dr. Karlson's opinion was
20 brief and conclusory is not enough by itself to discount her treating-examiner

1 opinion, if it was otherwise adequately supported by Dr. Karlson’s medical notes.
2 See *Garrison v. Colvin*, 759 F.3d 995, 1014 n.17 (9th Cir. 2014); see also *Trevizo*
3 v. *Berryhill*, 871 F.3d 664, 667 n.4 (9th Cir. 2017). Here, even if the ALJ erred by
4 discounting Dr. Karlson’s opinion because it was brief and conclusory, this error is
5 harmless because, as is discussed below, Dr. Karlson’s opinion was not supported
6 by the more recent objective medical evidence, including imaging in 2015. See
7 *Molina*, 674 F.3d at 1115.

8 The ALJ also discounted Dr. Karlson’s opinion because the objective
9 medical evidence did not support the opinion. Tr. 31. An ALJ may discredit a
10 physician’s opinion that is unsupported by the record. *Batson v. Comm’r of Soc.*
11 *Sec. Admin.*, 359 F.3d 1190, 1195 (9th Cir. 2004). An ALJ may give more weight
12 to an opinion that is more consistent with the evidence in the record. 20 C.F.R. §
13 416.927(c)(4) (“[T]he more consistent an opinion is with the record as a whole, the
14 more weight we will give to that opinion.”); *Lingenfelter*, 504 F.3d at 1042; *Orn*,
15 495 F.3d at 631. Here, while there was evidence in the record that was consistent
16 with Dr. Karlson’s opinion, see, e.g., Tr. 811-13 (noting that Plaintiff is positive
17 for neck and back pain, reduced range of lumbar and cervical range of movement,
18 and slow and antalgic gait), there was also medical evidence that was inconsistent
19 with Dr. Karlson’s opined postural limitation. For example, Dr. Hunter diagnosed
20 Plaintiff’s left paracentral disc protrusion at L5-S1 as improving in 2015. Tr. 716.

1 Likewise, Plaintiff's bilateral lower extremity strength was 5/5. Tr. 813. Further,
2 the recommended medical treatment for Plaintiff's conditions included intensive
3 exercise—aerobics, jogging, and running. Tr. 975. The ALJ also noted that in
4 December 2015 Plaintiff walked with a normal gait, and at most was shown to
5 have mild tenderness in the lower lumbar spine. Tr. 980. It was the ALJ's
6 responsibility to resolve conflicts and ambiguity in the evidence. *See Morgan v.*
7 *Comm'r Soc. Sec. Admin.*, 169 F.3d 595, 599-600 (9th Cir. 1999). Because the
8 ALJ's interpretation of the record is rationale and supported by substantial
9 evidence, the ALJ's decision to discount Dr. Karlson's opinion as inconsistent with
10 the objective medical evidence is upheld. *See Burch v. Barnhart*, 400 F.3d 676,
11 679 (9th Cir. 2005).

12 2. *Dr. Sahota*

13 In March and September 2013, Dr. Sahota completed Washington State
14 Department of Labor and Industries check-the-box forms assessing that Plaintiff
15 could perform modified duty work during the six-month period between March
16 and September 2013. Tr. 543-44. Dr. Sahota assessed functional limitations,
17 including lifting and carrying only five pounds occasionally and restricting sitting,
18 standing, and walking to less than one hour each, per workday. Tr. 543-44.

19 The ALJ assigned Dr. Sahota's opinions little weight. Tr. 31-32. Because
20 Dr. Sahota's opinions were contradicted by the nonexamining opinion of Dr.

1 Platter, Tr. 112, the ALJ was required to provide specific and legitimate reasons
2 for rejecting Dr. Sahota's opinions. *See Bayliss*, 427 F.3d at 1216.

3 First, the ALJ discounted Dr. Sahota's opinions because they were
4 inconsistent with the objective medical evidence. Tr. 31-32. A medical opinion
5 may be rejected if it is unsupported by the record and medical findings. *Bray*, 554
6 F.3d at 1228; *Batson*, 359 F.3d at 1195; *Thomas*, 278 F.3d at 957. Moreover, an
7 ALJ is not obliged to credit medical opinions that are unsupported by the medical
8 source's own data and/or contradicted by the opinions of other examining medical
9 sources. *Tommasetti v. Astrue*, 533 F.3d 1035, 1041 (9th Cir. 2008). Here, the
10 ALJ had conflicting evidence to weigh. *See Andrews v. Shalala*, 53 F.3d 1035,
11 1039 (9th Cir. 1995) (recognizing it is the ALJ's role to weigh conflicting
12 evidence). Dr. Donald Dicken's July 2013 EMG studies, which showed a left
13 paracentral disc protrusion at L5-S1 contacting and mildly displacing the
14 traversing left S1 nerve root, partially supported Dr. Sahota's opinion. Tr. 476-80,
15 488, 463-65. But the ALJ discounted this aspect of the EMG studies because
16 imaging in May 2015 showed that Plaintiff's left paracentral disc protrusion at L5-
17 S1 was improving. Tr. 27, 716; *see also* Tr. 527-39, 1007-08 (Dr. Kopp's opinion
18 disagreeing with the 2013 EMG imaging). In addition, the ALJ highlighted that
19 the 2013 EMG and NCV studies specifically ruled-out radiculopathy from other
20 areas of the lumbar spine, lumbar sacral plexopathy, generalized peripheral

1 neuropathy involving either lower extremity, a myopathy involving either lower
2 extremity, and/or a generalized motor neuron disease with either lower extremity.
3 Tr. 463-69. The ALJ rationally decided that Dr. Sahota's opinion was inconsistent
4 with the medical record. *See Tommasetti*, 533 F.3d at 1038. This was a specific
5 and legitimate reason supported by substantial evidence to discount Dr. Sahota's
6 opinions.

7 Second, the ALJ discounted Dr. Sahota's opinions because they appeared to
8 be based more on Plaintiff's reports rather than on the objective medical evidence.
9 Tr. 31-32. A physician's opinion may be rejected if it is based on a claimant's
10 properly discounted subjective complaints. *Tonapetyan v. Halter*, 242 F.3d 1144,
11 1149 (9th Cir. 2001); *Morgan*, 169 F.3d at 599. However, when an opinion is not
12 more heavily based on a patient's self-reports than on clinical observations, there is
13 no evidentiary basis for rejecting the opinion. *Ghanim v. Colvin*, 763 F.3d 1154,
14 1162 (9th Cir. 2014); *Ryan v. Comm'r of Soc. Sec. Admin.*, 528 F.3d 1194, 1199-
15 200 (9th Cir. 2008). Here, citing to *Ghanim*, Plaintiff argues the ALJ erred by
16 assuming that Dr. Sahota's opinions were based solely or largely on Plaintiff's
17 self-reports without explaining how he reached this conclusion. ECF No. 15 at 14
18 (citing 763 F.3d 1154). But this situation differs from *Ghanim*. In *Ghanim*, the
19 discounted opinions discussed the providers' observations, diagnoses, and
20 prescriptions, in addition to the claimant's self-reports. Therefore, in *Ghanim*, the

1 Ninth Circuit found the ALJ erred by offering no basis for his conclusion that the
2 providers' opinions were based more heavily on the claimant's self-reports. *Id.* at
3 1162. In comparison, here, the check-the-box forms completed by Dr. Sahota did
4 not discuss his observations, diagnoses, or prescriptions. Tr. 543-44. While the
5 record contains Dr. Sahota's treatment notes, which refer to the July 2013 EMG
6 studies, Tr. 476-80, 488, 463-65, the ALJ discounted these EMG studies based on
7 later imaging showing Plaintiff's left paracentral disc protrusion at L5-S1 as
8 improving. Tr. 27, 716; *see also* Tr. 527-39, 1007-08 (Dr. Kopp's opinion
9 disagreeing with the 2013 EMG imaging). Based on the conflicting evidence, the
10 ALJ rationally discounted Dr. Sahota's opinions as inconsistent with the medical
11 record and therefore based more on Plaintiff's subjective allegations than the
12 objective medical evidence. *See Tommasetti*, 533 F.3d at 1038. This was a
13 specific and legitimate reason supported by substantial evidence to discount Dr.
14 Sahota's opinions. Moreover, Plaintiff did not challenge the ALJ's decision to
15 discount Plaintiff's reported symptoms, thus any challenge is waived. *See*
16 *Carmickle v. Comm'r, Soc. Sec. Admin*, 533 F.3d at 1161 n.2 (determining the
17 court may decline to address the merits of issues not argued with specificity); *Kim*
18 *v. Kang*, 154 F.3d 996, 1000 (9th Cir. 1998) (recognizing that issues not
19 "specifically and distinctly argued" on appeal in the party's opening brief may be
20 disregarded by the court). Accordingly, the ALJ's appropriately discounted Dr.

1 Sahota's opinions to the extent they relied on Plaintiff's discounted reported
2 symptoms.

3 In addition, Dr. Sahota opined that Plaintiff would have functional
4 limitations for six months and therefore his opinions offered little probative value
5 in assessing Plaintiff's eligibility for Social Security disability benefits, which
6 focuses on Plaintiff's long-term functioning. *See Carmickle*, 533 F.3d at 1165.

7 Finally, the ALJ found that Dr. Sahota's functional limitations were
8 inconsistent with Plaintiff's work activities. Tr. 32. An ALJ may discount a
9 medical source opinion to the extent it conflicts with the claimant's daily activities
10 or work activities after the alleged disability onset date. *Morgan*, 169 F.3d at
11 601-02; *Moore v. Comm'r of Soc. Sec. Admin.*, 278 F.3d 920, 925 (9th Cir. 2002).
12 Here, the ALJ noted that Dr. Sahota's functional limitations, specifically that
13 Plaintiff could seldom sit, stand, or walk during this time frame, was inconsistent
14 with Plaintiff working modified or limited hours in November 2013. Tr. 545. This
15 was a legitimate and specific reason for discounting Dr. Sahota's opinion.

16 3. *Mr. Roberts*

17 Mr. Roberts treated Plaintiff for back pain in March 2013 and then again
18 from November 2013 to May 2014. Tr. 413-15, 492-502, 546-573. On November
19 26, 2013, Mr. Roberts completed an Activity Prescription Form for the
20 Washington State Department of Labor and Industries. Tr. 545. Mr. Roberts

1 opined that Plaintiff could only sit, stand/walk, twist, squat/kneel, crawl, reach, and
2 work above shoulders for up to one hour during the workday, and that Plaintiff
3 should seldom lift or carry twenty pounds and only occasionally lift ten pounds.
4 Tr. 545.

5 The ALJ assigned Mr. Roberts' opinion little weight. Tr. 32. The ALJ was
6 required to provide germane reasons for discounting Mr. Roberts' opinion. *See*
7 *Dodrill*, 12 F.3d at 918.

8 Plaintiff argues the ALJ's reasoning and analysis regarding Mr. Roberts'
9 opinion is vague and non-specific. This argument is without merit. The ALJ
10 offered the same rationale for discounting Mr. Roberts' opinion as offered for
11 discounting Dr. Sahota's opinions. First, the ALJ discounted Mr. Roberts' opinion
12 because it was inconsistent with the objective medical evidence. Tr. 32. A
13 medical opinion may be rejected if it is unsupported by the medical findings and
14 remaining record. *Bray*, 554 F.3d at 1228; *Batson*, 359 F.3d at 1195; *Thomas*, 278
15 F.3d at 957. Moreover, an ALJ is not obliged to credit medical opinions that are
16 unsupported by the medical source's own data and/or contradicted by the opinions
17 of other examining medical sources. *Tommasetti*, 533 F.3d at 1041. Here, the ALJ
18 noted Mr. Roberts' physical examination findings one month after Mr. Roberts'
19 opinion reflected that Plaintiff had normal bilateral lower strength and
20 neurovascular functioning, even though Plaintiff had decreased range of lumbar

1 motion and pain on his left side. Tr. 501, 547. Mr. Roberts prescribed a pain
2 reliever and recommended physical therapy and possible back injections. Tr. 494,
3 498, 502, 547. Plaintiff began physical therapy and had an epidural steroid
4 injunction in January 2014. Tr. 498, 502, 554. At his January 2014 appointment
5 with Mr. Roberts, which was the day after the steroid injunction, no pain was
6 observed in the buttocks or spine, but Plaintiff's lumbar was tender and range of
7 motion was limited. Tr. 552. At his appointment with Mr. Roberts a week later
8 and continuing through April 2014, Mr. Roberts observed Plaintiff with pain on the
9 right and left buttock and spine, along with decreased range of lumbar motion, but
10 found bilateral lower extremity strength and gait were normal. Tr. 555, 558-59,
11 565, 572. During an appointment in April 2014, Mr. Roberts explained to Plaintiff
12 that he is "by no means . . . an expert in back/spinal injuries and so [Mr. Roberts]
13 does consider and heed the recommendations of those experts." Tr. 568. Mr.
14 Roberts noted in his May 2014 chart notes,

15 [t]here does appear to be some embellishment with pain [throughout]
16 the exam, but difficult to say. A discussion was had with [Plaintiff]
17 that at this point there seems to be conflicting information between the
18 [independent medical examiner] and his current neurology providers.
19 At this point, it seems that I can no longer offer the patient what he is
20 looking for or requesting.

Tr. 572. It was the ALJ's role to weigh the conflicting information contained in
Mr. Roberts' examination notes, and further weigh this information against the

1 remainder of the record, including Mr. Roberts' own concession that he was not an
2 expert in back and spine injuries. Tr. 568. The ALJ's decision to discount Mr.
3 Roberts' opinion because it was inconsistent with the objective medical evidence
4 was a rationale, germane reason and supported by substantial evidence. Contrary
5 to Plaintiff's suggestion, there was no need for the ALJ to recontact Mr. Roberts to
6 clarify his opinion. ECF No. 17 at 5.

7 Second, the ALJ discounted Mr. Roberts' opinion because it was based more
8 on Plaintiff's reports than on the objective medical evidence. Tr. 32. An ALJ may
9 discredit a medical opinion that is unsupported by the record and is more based on
10 a claimant's properly discounted subjective complaints. *Batson*, 359 F.3d at 1195;
11 *Tonapetyan*, 242 F.3d at 1149; 20 C.F.R. § 416.927(c)(4) ("[T]he more consistent
12 an opinion is with the record as a whole, the more weight we will give to that
13 opinion."). As discussed above, Mr. Robert's opinion was inconsistent with the
14 objective medical evidence and therefore was based more on Plaintiff's properly
15 discounted subjective complaints. Moreover, Plaintiff did not challenge the ALJ's
16 decision to discount Plaintiff's reported symptoms, thus any challenge is waived.
17 See *Carmickle*, 533 F.3d at 1161 n.2; *Kim*, 154 F.3d at 1000. Accordingly, the
18 ALJ's appropriately discounted Mr. Roberts' opinion to the extent it relied on
19 Plaintiff's discounted reported symptoms.

1 Next, the ALJ found Mr. Roberts' opinion inconsistent with Plaintiff's work
2 activities. Tr. 32. An ALJ may discount a medical source opinion to the extent it
3 conflicts with the claimant's daily activities and work after the alleged disability
4 onset date. *Morgan*, 169 F.3d at 601-02; *Moore*, 278 F.3d at 925. Here, the ALJ
5 noted that Mr. Roberts' opinion that Plaintiff could seldom sit, stand, or walk was
6 inconsistent with Plaintiff working modified or limited hours in November 2013.
7 Tr. 545. This was a germane reason for discounting Mr. Roberts' opinion.

8 4. *Dr. Martinez*

9 In February 2013, three months before the alleged disability onset date, Dr.
10 Martinez examined Plaintiff for back pain. Tr. 410-12. Dr. Martinez noted that
11 Plaintiff had a tender cervical, thoracic, and lumbar spine, with mildly reduced
12 range of movement in his cervical and thoracic areas, and moderate pain in his
13 lumbar region. Tr. 411. Dr. Martinez diagnosed Plaintiff with unspecified
14 neuralgia, neuritis, and radiculitis; a lumbosacral sprain; and degenerative disk
15 disease. Tr. 411. Dr. Martinez recommended that Plaintiff be seen by
16 neurosurgery, prescribed pain killers, and opined that Plaintiff was unable to return
17 to work. Tr. 411.

18 Plaintiff argues the ALJ erred by failing to consider Dr. Martinez's
19 statement that Plaintiff was unable to work. ECF No. 15 at 16. This argument is
20 unpersuasive. A statement by a medical source that a claimant is "unable to work"

1 is not a medical opinion and is not due “any special significance.” 20 C.F.R. §
2 416.927(d). Nevertheless, the ALJ was required to “carefully consider medical
3 source opinions about any issue, including [an] opinion about issues that are
4 reserved to the Commissioner,” to determine the extent to which the opinion is
5 supported by the record after considering the applicable § 404.1527(d) factors.
6 SSR 96-5p at *2-3. Here, Dr. Martinez’s statement that Plaintiff was unable to
7 work predated Plaintiff’s alleged disability onset and was neither explained by Dr.
8 Martinez nor supported by an accompanying medical note. Tr. 410-12. Based on
9 this medical record, the ALJ did not err in failing to discuss Dr. Martinez’s “unable
10 to return to work” statement. *See Vincent v. Heckler*, 739 F.2d 1393, 1394-95 (9th
11 Cir. 1984) (recognizing that the ALJ is not required to discuss every piece of
12 evidence in the record); *Carmickle*, 533 F.3d at 1165 (recognizing that medical
13 opinions predating the alleged onset date are of limited relevance to the ALJ’s
14 disability determination).

15 **B. Step Five**

16 Plaintiff contends the ALJ’s hypothetical failed to account for all of
17 Plaintiff’s physical and mental limitations. ECF No. 15 at 16-19.

18 The ALJ’s hypothetical must be based on medical assumptions supported by
19 substantial evidence in the record that reflect all of the claimant’s limitations.

20 *Osenbrook v. Apfel*, 240 F.3d 1157, 1165 (9th Cir. 2001); *Bray*, 554 F.3d at 1228.

1 The hypothetical must be “accurate, detailed, and supported by the medical
2 record.” *Tackett*, 180 F.3d at 1101. “If an ALJ’s hypothetical does not reflect all
3 of the claimant’s limitations, then the expert’s testimony has no evidentiary value
4 to support a finding that the claimant can perform jobs in the national economy.”
5 *Id.* However, the ALJ “is free to accept or reject restrictions in a hypothetical
6 question that are not supported by substantial evidence.” *Osenbrook*, 240 F.3d at
7 1164-65. When the record demonstrates evidence was properly rejected, a
8 claimant fails to establish that a step-five determination is flawed by simply
9 restating an argument that the ALJ improperly discounted that evidence. *Stubbs-*
10 *Danielson v. Astrue*, 539 F.3d 1169, 1175-76 (9th Cir. 2008).

11 1. *Exertional Limitations*

12 Plaintiff argues that by improperly rejecting the opinions of Dr. Karlson and
13 Mr. Roberts the ALJ failed to incorporate all of Plaintiff’s exertional limitations
14 into the RFC and resultantly the hypothetical did not contain all of Plaintiff’s
15 limitations. ECF No. 15 at 18-9. This is a restatement of Plaintiff’s argument that
16 the ALJ improperly discounted Dr. Karlson’s and Mr. Roberts’ opinions, which is
17 insufficient. *See Stubbs-Danielson*, 539 F.3d at 1175-76. The ALJ fully
18 considered the medical evidence and rationally incorporated the supported
19 exertional limitations into the RFC. Tr. 25. The assessed functional limitations
20 were supported by substantial evidence in the record and were included in the

1 hypothetical posed to the vocational expert. Tr. 72-73; *see Osenbrook*, 240 F.3d at
2 1165. As to Plaintiff's exertional residential functional capacity, the ALJ's
3 hypothetical was supported by the medical record and the ALJ reasonably relied on
4 the vocational expert's testimony to conclude Plaintiff could perform other work
5 available in the national economy.

6 2. *Nonexertional limitations*

7 i. Dr. Barnard

8 Plaintiff argues the ALJ's hypothetical failed to include Philip Barnard,
9 Ph.D.'s accepted nonexertional limitations. ECF No. 15 at 16-18.

10 On December 2, 2014, Dr. Barnard conducted a psychological assessment,
11 including an interview, psychological tests, and a clinical history review, of
12 Plaintiff. Tr. 599-604. Dr. Barnard diagnosed Plaintiff with traumatic brain injury,
13 a mood disorder, and attention deficits. Tr. 602. Dr. Barnard noted that, while
14 Plaintiff had anger management problems, Plaintiff appeared to be successfully
15 dealing with his anger issues. Tr. 602. Dr. Barnard opined that Plaintiff may have
16 difficulty with individuals in position of authority, was likely to experience
17 interpersonal relationship problems, and had difficulty sustaining attention and
18 concentration. Tr. 603. As to Plaintiff's ability to comply with treatment or
19 develop a therapeutic relationship, Dr. Barnard stated that Plaintiff's acting-out
20 tendencies could result in treatment noncompliance and interfere with the

1 development of a therapeutic relationship. Tr. 603. Due to Plaintiff's irritability,
2 Dr. Barnard stated that it was unlikely that Plaintiff would be able to sit down for a
3 fifty-minute counseling session without becoming bored, irritable, and angry, and
4 that Plaintiff would need to participate in an individual psychotherapy program for
5 at least six months to establish emotional stability. Tr. 603. As to Plaintiff's
6 exertional abilities, Dr. Barnard opined that Plaintiff would need frequent
7 positional changes. Tr. 603. Dr. Barnard also opined that, if Plaintiff's pain was
8 adequately treated, Plaintiff could return to security work. Tr. 603.

9 The ALJ gave partial weight to Dr. Barnard's opinion that Plaintiff could
10 return to work if his pain was adequately treated, little weight to Dr. Barnard's
11 exertional-limitation opinion, and accepted Dr. Barnard's opinion that Plaintiff
12 would have difficulty socially and with maintaining concentration, persistence, and
13 pace. Tr. 30. Because the ALJ accepted Dr. Barnard's opinion about Plaintiff's
14 social, concentration, persistence, and pace difficulties, this aspect of Dr. Barnard's
15 opinion was required to be incorporated into the RFC. *See Osenbrook*, 240 F.3d at
16 1165.

17 To ensure an accurate hypothetical to the vocational expert, the ALJ must
18 determine the claimant's RFC. 20 C.F.R. §§ 416.920(a)(4)(iv), 416.945. The RFC
19 assessment includes a claimant's physical abilities, mental abilities, and other
20 abilities affected by impairments. 20 C.F.R. § 416.945(a-e). "A limited ability to

1 carry out certain mental activities, such as limitation in understanding,
2 remembering, and carrying out instructions, and in responding appropriately to
3 supervision, coworkers, and work pressures in a work setting, may reduce” the
4 claimant’s ability to work. 20 C.F.R. § 416.945(c). “[T]he ALJ is responsible for
5 translating and incorporating clinical findings into a succinct RFC.” *Rounds v.*
6 *Comm’r Soc. Sec. Admin.*, 807 F.3d 996, 1006 (9th Cir. 2015). “[A]n ALJ’s
7 assessment of a claimant adequately captures restrictions related to concentration,
8 persistence, or pace where the assessment is consistent with restrictions identified
9 in the medical testimony.” *Stubbs-Danielson*, 539 F.3d at 1174.

10 Plaintiff asserts that the ALJ’s hypothetical and the RFC failed to account
11 for Dr. Barnard’s concentration, persistence, and pace limitations and social-
12 interaction limitations. ECF No. 15 at 17. Plaintiff submits the ALJ failed to
13 consider Dr. Barnard’s opinion that Plaintiff was impatient, easily distracted,
14 irritable, did not wait for full instructions, had issues related to inattentiveness and
15 sustained attention, may have difficulty with individuals in positions of authority,
16 and is likely to experience conflict in interpersonal relationships. ECF No. 15 at
17 17 (citing Tr. 600-03). Here, the ALJ rationally incorporated Dr. Barnard’s
18 opinion as to Plaintiff’s limited concentration, persistence, and pace by limiting
19 Plaintiff to simple, routine tasks with short, simple instructions, which required
20 little or no judgment, and could be learned on the job in a short period of less than

1 thirty days. Tr. 25. The ALJ also adequately incorporated Dr. Barnard's opinion,
2 to the extent it was sufficiently concrete, as to Plaintiff's social-interaction
3 abilities. For instance, the ALJ incorporated Dr. Barnard's opinion that Plaintiff is
4 likely to experience conflictual interpersonal relationships by limiting Plaintiff to
5 work that did not require close coordination with coworkers where teamwork was
6 required and that had no contact with the public. Tr. 25. Plaintiff has not
7 demonstrated that Dr. Barnard's statement that Plaintiff "may have difficulty with
8 positions in authority" required any additional limitations than those assessed in
9 the RFC. The RFC limiting Plaintiff to work that required short, simple
10 instructions and could be learned on the job in a short period of less than thirty
11 days, thereby minimizing any contact that Plaintiff would have with a supervisor,
12 adequately addresses this vague and non-specific statement. Dr. Barnard's
13 statements about Plaintiff's irritability and anger related to his ability to behave
14 during counseling sessions and were not functional work limitations. Therefore,
15 these counseling-related limitations need not have been included in the RFC. *See*
16 *Turner v. Comm'r of Soc. Sec.*, 613 F.3d 1217, 1223 (finding the ALJ
17 appropriately found that the medical opinion neither assigned any specific
18 limitations nor stated that the claimant was unable to work with little interpersonal
19 interaction). Finally, Dr. Barnard opined that Plaintiff could return to work once
20 his pain was under control. Tr. 603. Here, the ALJ noted that Plaintiff had already

1 returned to security work before the ALJ had issued his decision, thereby
2 discounting Dr. Barnard's opinion that if adequately treated Plaintiff could return
3 to security work. Tr. 30. The posed hypothetical and the RFC adequately captured
4 Dr. Barnard's opined functional work limitations to the extent they were definite
5 and supported by the record. Tr. 72-74.

6 ii. Dr. Orr

7 Plaintiff argues that the ALJ's hypothetical failed to account for Dr. Orr's
8 statements about Plaintiff's significant interpersonal difficulties. ECF No. 15 at
9 18. In September 2013, Lynn Orr, Ph.D., conducted a consultative mental status
10 examination of Plaintiff. Tr. 454-60. Dr. Orr diagnosed Plaintiff with bipolar II
11 disorder and significant history of chemical dependency and abuse of pain
12 medication. Tr. 459. Dr. Orr stated that Plaintiff demonstrated a low interpersonal
13 tolerance. Tr. 459. Dr. Orr opined that Plaintiff's insight was limited. Tr. 457.

14 Dr. Orr also stated that Plaintiff:

15 appeared to have adequate ability to use reasoning in solving
16 problems and assessing situations. He, however, tends to be
17 somewhat impulsive with occasional erratic behaviors. He tends to be
18 frequently agitated. He appeared to understand all information.
19 Adaptation is difficult for [Plaintiff]. He tends to be somewhat rigid
20 with expectations of how things should be. This brings him into
conflict on frequent occasions when interacting with other people.

19 Tr. 459.

The ALJ assigned significant weight to Dr. Orr's opinion. Tr. 30. Because the ALJ accepted Dr. Orr's opinion, the opinion was required to be incorporated into the RFC and included in the posed hypothetical. *See Osenbrook*, 240 F.3d at 1165. Here, the hypothetical sufficiently incorporated Dr. Orr's opined functional limitations. Even though Dr. Orr discussed Plaintiff's low-stress tolerance and interpersonal difficulties, Dr. Orr also highlighted that Plaintiff "continue[d] to work part time on an all call basis" and Plaintiff's "emotional state does not keep him from being consistent in carrying out tasks in a work-like setting." Tr. 458. The ALJ rationally weighed Dr. Orr's opinion and found it consistent with the hypothetical and RFC that limited Plaintiff to simple, routine tasks, with short, simple instructions; work that required little or no judgment; appropriate interaction with supervisor; no close coordination with coworkers where teamwork is required; occasional changes in the work environment, and no contact with the general public. Tr. 25, 72-74.

Plaintiff has not demonstrated the ALJ erred in the step five findings.

CONCLUSION

Having reviewed the record and the ALJ's findings, the Court concludes the ALJ's decision is supported by substantial evidence and is free of harmful legal error. Accordingly, **IT IS HEREBY ORDERED:**

1. Plaintiff's Motion for Summary Judgment, ECF No. 15, is DENIED.

2. Defendant's Motion for Summary Judgment, ECF No. 16, is

GRANTED.

3. The Clerk's Office is to enter **JUDGMENT** in favor of Defendant.

The District Court Executive is directed to file this Order, provide copies to counsel, and **CLOSE THE FILE**.

DATED January 3, 2019.

s/Mary K. Dimke

MARY K. DIMKE

UNITED STATES MAGISTRATE JUDGE